FEEDBACK
IN REAL TIME

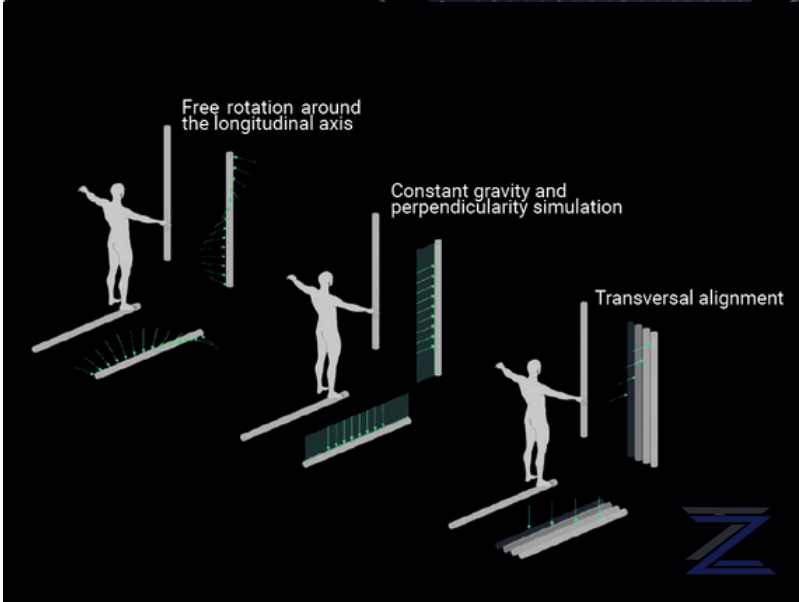
- FORCE
- POSITION
- SPEED
- POWER
- POSTURE
- SYMMETRY

APPLICATION
ANDROID TABLET

- BLUETOOTH CONNECTION
- SCREEN MIRRORING
- WIRELESS UPDATES
- MULTICOLOR CHARTS
- ZOOMABLE SCALE
- INDEPENDENT SETUP OF MODULS

DYNAMIC VECTORING
FREEDOM OF MOVEMENT

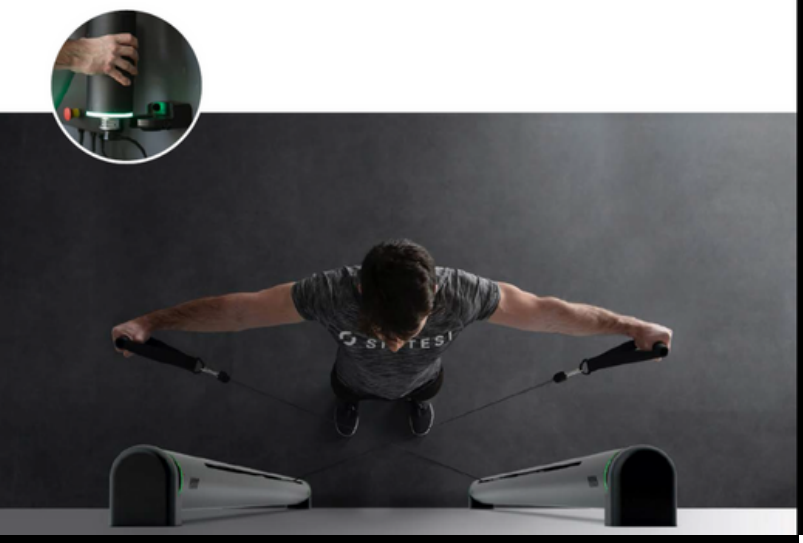
Thanks to this patented technology, the load of exercise is always perpendicular to the ground or in other directions for any training requirements. It is possible to set a variable angle from 0° to 45°, mainteining then always constant the vector component, or set a fixed point of the cable exit. This allows you to fit the natural biomechanics of human body.



IN VERTICAL
SPACE SAVER WORKBASE

The two tubolar modules can be **applied directly to a wall**, thanks to the **simple brackets** provided with rapid attachment/detachment.

You can pre-install additional brackets in other environments and use the same modules without limitations.
This configuration allows to easily optimize the space.



SOME VERTICAL WORKOUT EXAMPLES

STANDING
OBLIQUE TWIST

STANDING
LEG ABDUCTION

STANDING
PULLDOWN TRICEPS

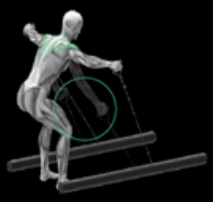
SEATED NEUTRAL
GRIP PULLEY ROW

FULL-BODY
THRUSTS

LAT
MACHINE

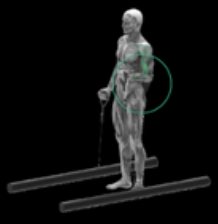
SOME HORIZONTAL WORKOUT EXAMPLES

LATERAL
RAISES



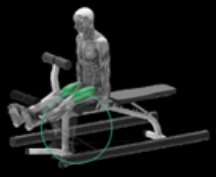
CHEST
FLY

BICEPS
CURL

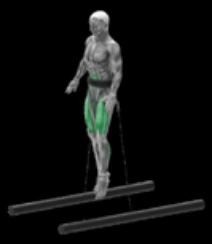


LATERAL
LEG ABDUCTION

LEG EXTENSION



JUMP

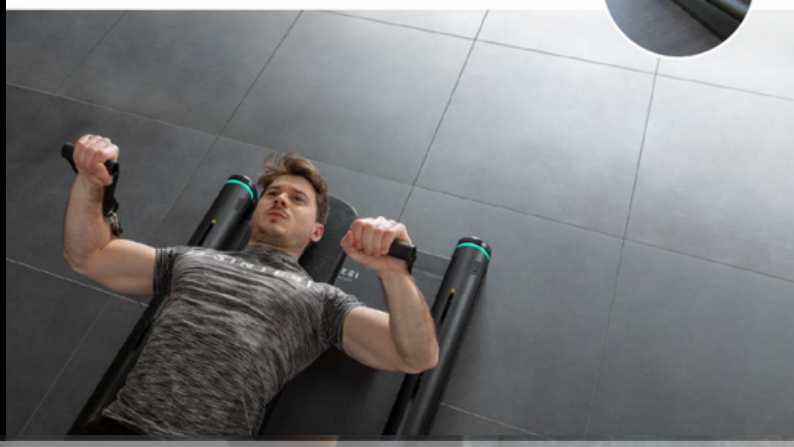


IN HORIZONTAL
A SOLID WORKBASE

Thanks to the platform accessory, it is possible to position the **tubolar modules horizontally** with the same **rapid** fastening/unfastening system.

In this configuration it is possible to perform multiple exsercises in a reduced space (205 X 95 cm), both inside and outside of the platform that has been specifically designed to ensure a solid stability on the ground and sized for a convenient use of any bench or step. It also allows a total accessibility even in cases of users with disabilities.

Sintesi is modular and can also be placed horizontally, thanks to the movable Footboard. The switching requires very few seconds.



LOAD PROFILES

WITH SINTESI YOU CAN SIMULATE MANY WORKING CONDITIONS, PERSONALIZING YOUR TRAINING, AS NEVER BEFORE

- CST — CONSTANT LOAD
- ECC — ECCENTRIC LOAD
- AUX — AUXOTONIC LOAD
- MAG — MAGNETIC LOAD
- VSC — VISCOUS LOAD
- ISC — ISOKINETIC LOAD
- VIB — VIBRANT LOAD
- GMT — GUIDED MOVEMENT LOAD
- ISM — ISOMETRIC LOAD

CST - The load is always constant and is not affected by the inertial influence of the load.

AUX - it progressively increases the load depending on the extension of the cable, reproducing the same feeling of an elastic with different levels of resistance.

ECC - It allows you to separate the load in the positive phase from the negative one. You can then increase or decrease the load in the eccentric phase.

VSC - The load varies according to the speed of execution, by setting the viscosity of a fluid. It simulates the same functionality of a rowing machine.

ISM - It produces a muscle contraction, even at its top, without any shortening of the muscles and moving of the joint.

VIB - The load varies randomly with adjustable frequency to create instability/ imbalance during the operation.

MAG - The load simulates the same magnetic attraction between two magnets that, the more are close to the zero point, the more the magnetic attraction increases.

ISC - The load shows a constant angular velocity motion, regardless of the applied force.

GMT - It sets the load directly with a diynamic curve according to the extension of the cable, by varying the weight in the proximity of specific points.

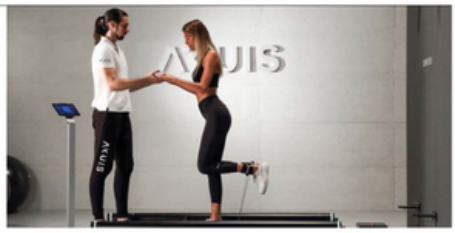
STRENGTH
HYPERTROPHY

FUNCTIONAL
TRAINING

CARDIO

SPORT PERFORMANCE
RETURN TO PLAY

PROPRIOCETION
STABILITY



TONING
SLIMMING

POWER

FUNCTIONAL
RECOVER